**CRJH SPORTS ANNOUNCEMENT for**

**The 2025–2026 School Year**

**Attention Parents/Guardians:**

If your son or daughter plans to try out for or participate in *any* school sport during the 2025–2026 school year, they **must have a current KISD sports physical and complete *all* required online forms**.

**REQUIRED PAPERWORK FOR JUNIOR HIGH ATHLETES:**

* **Physical Exam** (must be dated **on or after May 1, 2025**)  
  *Note: A Physical Release Form is required if you attend a KISD mass physical screening*
* **Medical History Form**
* **Handbook Acknowledgement Form**
* **Katy ISD Consent to Treat Form**
* **UIL Forms Signature Page**
* **Upload Birth Certificate (new for JH athletes this year)**

*Physicals dated prior to May 1, 2025, will* ***NOT*** *be accepted for the upcoming school year.*

**START HERE:**

To complete the necessary paperwork, visit:  
👉 <https://www.rankonesport.com/content/Parent/Parent>

You may visit your personal physician for the physical exam **or** attend one of the district's mass physical screenings listed below:

**Upcoming KISD MASS PHYSICAL SCREENINGS:**

* **Tompkins High School**  
  📅 *Tuesday, May 13, 2025*
* 🕠 5:30 p.m. – 6:15 p.m./Competition Gym  
  💲 $30
* **Cinco Ranch High School**  
  📅 *Wednesday, May 21, 2025*  
  🕠 5:30 p.m. – 6:15 p.m./Competition Gym  
  💲 $30

🔹 Athletes attending these screenings **must bring a completed Physical Release Form**, signed by a parent.

📄 **Refer to the Physical Packet** for more details.

Please visit <https://www.katyisd.org/Page/4258> under the RESOURCES section to download the entire KISD packet, physical form, release form and to see more information about the Echo Cardiogram also available for athletes.